

Question Number	Acceptable Answers	Reject	Mark
1	morning	mourning 17th 9 :15 - 12 :45	(1)

Question Number	Acceptable Answers	Reject	Mark
2	(small) plastic sheet <b>MUST HAVE BOTH WORDS</b>	(own) (folding) chair plastic sheets plastic seat sit	(1)

Question Number	Acceptable Answers	Reject	Mark
3	(refreshment(s)) tent / facility tent near pavilion tent for parents food tent	pavilion tents facilities small tent tend shop	(1)

Question Number	Acceptable Answers	Reject	Mark
4	rubbish rubish	all rubbish rubbishes	(1)

Question Number	Acceptable Answers	Reject	Mark
5	(the) Wednesday Wendesday wednesday	Tuesday and Wednesday	(1)

Question Number	Acceptable Answers	Reject	Mark
6	shirts / house colours <b>MUST BE PLURAL</b>	P.E. kit shirt T-shirt shorts	(1)

Question Number	Acceptable Answers	Reject	Mark
7	(the) PE lessons p e / P.E. / p.e. lessons  <b>MUST HAVE BOTH WORDS</b> <b>MUST BE PLURAL</b>	PE lesson	(1)

Question Number	Acceptable Answers	Reject	Mark
8	(Olympic) runner (olympic / olimpic) runner former Olympic runner	runner in Olimpik of Olympic runner in Olympic runner in Olympic running in running of running forma runner formal Olympic runner	(1)

Question Number	Acceptable Answers	Reject	Mark
9	(class) teacher	class teachers teachers	(1)

Question Number	Acceptable Answers	Reject	Mark
10	supermarket (carpark) super market super-market supermaket	supermarket (main) entrance use the supermarket supermarket park supermarket 300m	(1)

Question Number	Answer	Mark
11	(a)	(1)

Question Number	Answer	Mark
12	(a)	(1)

Question Number	Answer	Mark
13	(b)	(1)

Question Number	Answer	Mark
14	(c)	(1)

Question Number	Answer	Mark
15	(b)	(1)

Question Number	Answer	Mark
16	(a)	(1)

Question Number	Answer	Mark
17	(c)	(1)

Question Number	Answer	Mark
18	(c)	(1)

Question Number	Answer	Mark
19	(a)	(1)

Question Number	Answer	Mark
20	(b)	(1)

Question Number	Acceptable Answers	Reject	Mark
21	hormones hormons hourmouns  MUST BE PLURAL	hormone hormon houmons hormones which hoemans	(1)

Question Number	Acceptable Answers	Reject	Mark
22	(the) skin skin complaints - THIS MUST BE PLURAL	skin complaint skin complains skin complanes skin problems skin health skim complaints skin condition	(1)

Question Number	Acceptable Answers	Reject	Mark
23	breathing (with) breathing	breeding breading (in/of/on) breathing breathings breathing difficulty breathing difficulties to breath with breath	(1)

Question Number	Acceptable Answers	Reject	Mark
24	cold (virus)	viruses virus	(1)

Question Number	Acceptable Answers	Reject	Mark
25	government workers MUST HAVE BOTH WORDS MUST BE PLURAL	government government worker British workers the government workers	(1)

Question Number	Acceptable Answers	Reject	Mark
26	positive things MUST HAVE BOTH WORDS MUST BE PLURAL		(1)

Question Number	Acceptable Answers	Reject	Mark
27	pain physical problems - THIS MUST BE PLURAL	physical problem	(1)

Question Number	Acceptable Answers	Reject	Mark
28	permanent	thankful	(1)

Question Number	Acceptable Answers	Reject	Mark
29	discussion discussion dicussion	quiet spot	(1)

Question Number	Acceptable Answers	Reject	Mark
30	(tight) deadlines - MUST BE PLURAL to-do things N.B. MUST BE HYPHENATED to-do items N.B. MUST BE HYPHENATED	Deadline things to do items on list to do things to do items	(1)

IGCSE 4357 ESL  
Paper 2 Listening Transcript  
Summer 2009

*Hello.*

*This is the IGCSE English as a Second Language, Paper 2 Listening Test, Summer 2009.*

*This test is in three sections. You will hear three extracts and will have to answer questions on what you hear. At the beginning of each extract there will be a pause to give you time to read the questions. You will hear all three sections twice. Write your answers in the spaces in your question booklet as you listen.*

SECTION A

*In this section, you will hear the principal of a school telling the students about the arrangements for Sports Day.*

*Listen and complete the sentences. Write no more than three words and/or a number for each answer.*

*First you have one minute to read the questions.*

***Pause for Reading***

*Now listen and answer the questions.*

Good morning everyone. As Sports Day next month will be at a new location, I want to take a moment to tell you about the arrangements. We will be sending letters to your parents this week with all the details.

As our sports facilities are under repair, the event will be held at New House Sports Field on the 17<sup>th</sup>. That's the public facility in the west of town. Instead of our usual whole day programme, this year, we will only be devoting a morning to the event, starting at 9:15 and ending at 12:45.

Seating will be very limited so we will be asking parents to bring their own folding chairs. We will be sitting under sun shading and you will need to bring something to sit on such as a plastic sheet or similar. However, make sure it is small enough to fit into a small bag.

Refreshments will be available to parents and visitors in a tent next to the pavilion. They will be able to buy hot and cold drinks and snacks. You will not be able to use this facility, so please bring a packed lunch in a disposable bag and a drink in a plastic bottle. Prefects will be responsible for collecting all rubbish at the end of the competition.

If the weather is poor and it turns out to be an unsuitable day, for example, the ground is so wet that it is too unsafe to run on grass, we will switch Sports Day from the Tuesday to the Wednesday and hope it doesn't rain then. If the weather is hot and sunny, which would be nice, please make sure you wear a sun barrier cream and a hat, and bring extra water.

On the day, you should come to school as usual in your uniform and bring your P.E. kit with you. You will change at school and teachers will issue you with shirts in the house colours. We will be getting to the venue by coach.

As we have had to reduce the Sports Day programme, we will only have the final of each event on the day. So the qualifying heats will be organised to take place in PE lessons between now and then. We will also have our all-school events of Tunnel Ball and Captain Ball as usual as well as the traditional Parents', Staff and Students' races.

Prize Giving will take place at the pavilion immediately after the last race at about 12:15 and I am pleased to tell you that Dr Westgate, a former Olympic runner, will present the prizes and house cup.

After the prizes, the coaches will return to school but you may also go home with your parents as there will be no lessons in the afternoon. Please note, however, if you are offered transport home by a classmate, you must inform your class teacher first, before you leave the grounds.

Lastly, could you warn your parents of the parking problems at New House. The car park is very small and so they will need to use the supermarket 300 metres past the main entrance to the ground.

*Now listen a second time and check your answers.*

*(Section A recording is repeated)*

*That's the end of Section A. Now turn to Section B.*

## SECTION B

*In this section you will hear a radio interview with Fredrick Stanthorpe, an Antarctic explorer and scientist, discussing tourism to the continent.*

*Listen and answer the questions. Indicate your answer by marking the box. If you change your mind, put a line through the box and then indicate your new answer with a cross.*

*First you have one minute to read the questions.*

***Pause for Reading***

*Now listen and answer the questions.*

- I Good morning and welcome to the Science Interview. Today, Fredrick Stanthorpe, explorer and scientist, who first set foot on Antarctica in 1946 will tell us about the impact of tourism on the continent. Fredrick, could we start with a few facts and figures?
- FS Yes, well it has been about 50 years since the first cruise ship visited with 200 passengers but now about 30,000 tourists go each year.
- I How did you and other scientists feel about Antarctic tourism when it began in the late 1950s?
- FS Every scientist I knew, including myself, was very much against it. We thought tourists would almost certainly get in the way and interfere with the scientific programme of monitoring ice formation and wildlife. We were down there doing things the hard way, basking in the glory of polar exploration, and resented the idea that people could simply pay to visit the continent. A lot of scientists still feel that the presence of tourists affects them adversely.

I Do you still resent tourists?

FS My views changed in the early 1960s when I met an 80-year-old passenger who had just returned from a trip on one of the first cruise ships to Antarctica. She knew all about my research into the decline of a population of Emperor penguins. I realised that we needed people like her to protect the continent. Allowing people to visit Antarctica encourages a public interest in polar conservation. I have always found Antarctica a very interesting and moving place, and I now wouldn't dream of trying to prevent other people from sharing that experience, just so long as it can be done in a controlled manner.

I How well controlled is the tourist industry?

FS The model for ship-borne Antarctic tourism, which carries well over 95 per cent of tourists to the continent, was created by an American tour operator who took great care to ensure his operations caused no damage. It was genuine environmental concern on his part, and it also helped to sell tickets. He took Antarctic experts aboard as lecturers and guides. All Antarctic cruise operators use this model, and new operators are strongly encouraged to adopt it.

The Arctic operators could learn from this approach. I've visited Arctic cruise liners that were more like holiday camps, with little effort made to stimulate interest in the place. We had visitors coming ashore with no idea where they were. They were missing much and damaging the environment because no one had briefed them.

I Since 1992, your research has focused on the impact of Antarctic tourism. What have you found?

FS There is no strong evidence that tourism has had a significant impact on the plants, wildlife or landscape of Antarctica. On the whole, I believe the tourists have done far less damage than some of the scientists who have had the run of the place since 1950. They leave an awful mess. Workers are brought in to build bases all over the place and they aren't that bad at tidying up after themselves, although they could do better.

I How have scientists damaged the environment?

FS The US Antarctic Program recently created a 16000 kilometre snow road from the coast to the South Pole station. This allows them to re-supply the station by tractor rather than aircraft. It's unthinkable that tourists could have this kind of impact. Another example, admittedly not quite so serious in its effects, is that scientists have had hotels put up for the workers at their bases, but if a tour operator said it was going to put up a hotel there would be an outcry. What would be strongly opposed for a tourist group is accepted almost without question for a scientific group.

I How are activities controlled in Antarctica?

FS Scientists are controlled by an agreement which governments with interests in Antarctica have signed. Under the agreement, the Antarctica commission is responsible for checking scientific activity. Tourism remains virtually uncontrolled except by the industry itself. This is fine so long as the industry is small, but it is growing all the time and it has the potential to get out of hand. Nowadays you can find as many as 40 ships operating around Antarctica in the summer. Climate change is likely to open up more sites to more people for more of the year.

I How can this expansion be contained?

FS A commission has been created to control fishing so it should be able to do the same for tourism. The commission could, for example, check that a ship is properly run before allowing it to go to the Antarctic. It would need to act very quickly, particularly in the big-ship sector - cruise ships that do not land. The first 1000-passenger liner travelled to Antarctica in 2000. Four of them went there in the 2004/2005 season and last year, for the first time, a 3000-passenger cruise ship visited.

I How dangerous is the Antarctic for such large ships?

FS No ship is immune to dangers at sea, but in many ways a big, well-equipped modern liner is safer for its passengers than a smaller one. Whether it is ice-strengthened is neither here nor there: dozens of fishing ships that are not ice-strengthened operate every year in ice-strewn waters. What matters is how the ship is handled, and I would trust the master of a big cruise liner - backed by an experienced ice captain - to know his job very thoroughly.

I What if a ship gets into trouble?

FS If a small vessel gets into difficulty in Antarctic waters, it can be a relatively easy business to get its hundred or so passengers into lifeboats, and with several other ships likely to be in the area, they can be picked up fairly quickly. We saw this after the loss of a cruise ship in November last year. If a big ship were to get into difficulty in similar circumstances, getting well over 1000 passengers and crew off quickly would be the biggest problem, and even half-a-dozen smaller ships would have difficulty transporting them to safety. There seems to be little provision for such an eventuality and if it were to happen it could become a disaster on a scale never seen in Antarctica.

I Fredrick Stanthorpe, thank you very much.

*Now listen a second time and check your answers.*

*(Section B recording is repeated.)*

*That's the end of Section B. Now turn to Section C.*

## SECTION C

*In this section, you will hear a talk about our emotions and how to manage them.*

*Listen and complete the sentences. Write no more than two words and/or a number for each answer.*

*First you have one minute to read the questions.*

### ***Pause for Reading***

*Now listen and answer the questions.*

We all know that a dark mood can ruin a perfectly good day, just as a bright one can make any situation seem better. But did you realise that moods have the power to make us well - or ill? More and more



research is linking emotions and health, but which moods have what effects, and how can you control them?

Anger is a powerful emotion, whether it manifests itself in explosive outbursts or being generally irritable. And it has a powerful effect on the body, too. In evolutionary terms, anger was a call to action, triggering the 'fight or flight' response, flooding your body with hormones and raising your heart rate and blood pressure.

This kind of physical reaction is fine if you have to fight or flee, but repeated feelings of anger become damaging if they have no physical outlet. Numerous studies have linked this kind of recurring anger to digestive and skin complaints. Last year, research published in the journal *Health Psychology* found that angry men had higher levels of a blood chemical linked to heart disease, while a study at Ohio State University in the U.S showed hostile young adults displayed more breathing difficulties than other more relaxed people of a similar age.

We all get angry. So what can we do to control it? The key is to manage it.

Now, if you feel happy you often feel energetic, which in turn means you're more likely to do exercise such as swimming or going to the gym. But scientists have also found health benefits that arise from good moods alone. In one recent study, psychologists exposed a large group of adults to the cold virus, and discovered that those with generally positive outlooks reported fewer symptoms.

We need to look more seriously at the possibility that a person's emotional state has a significant effect on their chances of falling ill. A study of British government workers in 2005 provides evidence to support this view. It also found that the happiest participants were in better health than their more miserable colleagues. And as the same study showed, the opposite of the good mood / good health equation is also true. Negative and pessimistic feelings have been linked to poor sleep, tiredness and health problems.

So how do we feel more positive? The answer is to find perspective. There may be some things that are not as you want them to be, and it is fine to accept that. But it is irrational to only see the negative. If necessary, draw up a written list of positive things so that you can focus on the broader picture which is that some things are difficult, but many are not.

Gratitude is one emotion that a team of psychologists in California has been researching for over a decade. During a recent study, those who tried to develop a greater sense of gratitude reported fewer physical problems, such as pain, saw a positive effect on sleep and on time spent exercising, and had more optimistic expectations for the coming week.

So how can we develop a feeling of gratitude? You can be thankful for anything - your family, your well-being or just being alive. The key is to be thankful all the time, rather than only as a response to a specific event. In fact, developing a permanent sense of gratitude is essential. In studies, participants were asked to keep a weekly gratitude journal, noting down everything they felt grateful for. The result was fewer physical problems and a greater sense of optimism.

Let me finish by giving you some general advice on how to manage your emotions.

Most importantly, stop negative emotions in their tracks. The longer you let them control your thoughts, the longer you'll suffer, psychologically and physically.

If you find yourself about to have an argument or are feeling stressed, remove yourself from the situation and find a quiet spot. Take up to 15 deep breaths. Try to calm yourself with the reassurance that all is well, and you are in control. This can lower your heartbeat rate and blood pressure almost immediately. If you're having an argument, walk back into the room for a discussion. If that isn't possible, leave.

It's important to reduce stress. If you're working yourself up with tight deadlines, just cross off the last three items on your to-do list. Deep breathing is a vital part of turning around your feelings. Breathe deeply for a few minutes and you should relax and let go of worries.

*Now listen a second time and check your answers.*

*(Section C recording is repeated.)*

END OF TEST

Marks	Communicative ability and content	Pronunciation and fluency	Lexical accuracy and range	Grammatical accuracy and range
5	Confidently expresses opinions and attitudes, and conveys a lot of information. Responds well to all questions and frequently takes the initiative to expand on ideas under discussion.	Pronunciation and intonation are consistently comprehensible and clear. Accent in no way impedes communication. Candidate is able to sustain the conversation with ease and without undue hesitation.	Uses a wide range of vocabulary appropriately, accurately and precisely. Candidate has appropriate linguistic resources to be able to overcome problems and maintain interaction.	Uses a wide range of complex structures accurately and appropriately. Full range of tenses, subordinate clauses etc. are used very competently and appropriately to convey information.
4	Expresses opinions without undue difficulty and conveys a significant amount of information. Responds well to a range of questions and expands on some questions.	Pronunciation and intonation are generally comprehensible and clear. Accent is noticeable but does not impede communication. Candidate generally responds without undue hesitation.	Uses a relatively wide range of vocabulary, generally used appropriately and accurately. Occasional errors impede communication though generally candidate has resources to maintain interaction.	Generally accurate in straightforward language. Some errors evident, particularly when using more complex language.
3	Expresses simple opinions and offers some personal responses, conveying some relevant information. Generally responds well but rarely expands on ideas under discussion. Candidate has difficulty with more complex questions. Candidate needs help to interpret the question.	Pronunciation and intonation are generally accurate though errors may interfere with communication. Accent may impede communication. Candidate hesitates occasionally.	Candidate uses an adequate range of structures and vocabulary. Some attempts to use complex language though not always successfully. Candidate may occasionally lack the resources to maintain interaction.	Generally accurate using simple, basic language. Less accurate in more unfamiliar language situations. Errors are at times significant and impact on communication.
2	Opinions are limited to basic questions and relevant information provided is limited. Answers are short and candidate shows little or no initiative	Pronunciation and intonation are generally poor and inconsistent, and may impede communication. Accent regularly impedes communication. There are patches of speech which cannot be understood. Candidate is	Range of vocabulary used is limited and repetitive. Candidate rarely attempts complex language and often lacks the resources to overcome problems.	Generally inaccurate in basic language. Errors impede communication and candidate is unable to use any complex structures.

		hesitant.		
1	Offers little relevant information and is unable to formulate clear opinions. Produces minimal responses and is unable to maintain interaction.	Pronunciation is poor and inconsistent and communication is hesitant and disjointed.	Only uses the most basic vocabulary. Candidate is unable to overcome problems.	Consistently inaccurate use of structures.
0	Candidate produces no language worth rewarding			

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